



access to life
CORNWALL

News

Issue November 2009

Become a Befriender

You may not think you could be a Befriender... you have aphasia!

How could you help someone else, you have your own problems? But you and your experience are just what we need.

Could you spare a small amount of time, offer support and encouragement, listen and share experiences...just be there.

We think you could.

Please take a minute and contact Joy.
01209 716501

joyeustice@ukconnect.org

An informal chat could be the start of something great.



Hello everyone!

I am another new face! I started working with Connect in September. My job is Access to Life Coordinator.

This involves overseeing the overall running of all our Cornwall activities.

Kate Mitchell sadly leaves us in December to take up a job in the field of dementia.

There are some very exciting changes in our new team. Hopefully many of you will meet us soon. We now have a dedicated Befriending Scheme Coordinator. She will concentrate solely on developing this very important scheme over the next two years.



We also have a dedicated person for training and awareness-raising. Again, an important, much needed aspect of our work.

Zoe continues as administrator without whom the service simply would not operate!

We are all working on a priority action plan to take us up to Christmas and into the New Year. Talking of Christmas, unfortunately, due to uncertainty about the project continuing, it was too late to plan a Christmas event for 2009. However, the hubs are busy deciding a date for an Easter event! Watch this space!

I look forward to working with you all to continue Access to Life's successes over the next two years – and hopefully beyond!



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Connect – the communication disability network

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Hello everyone!

I'm the lucky person selected to be the Befriending Co-ordinator for Access to Life in Cornwall.

I'm a farmer's wife, with two grown-up sons and two black Labradors. I live near Hayle.

I had a stroke in January 2009 and was suddenly left speechless. Aphasia hit me like a tonne of bricks. Luckily, I made a wonderful recovery due largely to the superb support I received.

I'm currently busy visiting people referred for Befriending as I'm keen to match them with a volunteer as soon as possible.

After this, I'm just as keen to find some new Befrienders!



**You can join us!
Contact us below...**

Hi Everyone!

I'm delighted to be joining Access to Life!

It's a really exciting time for me as I'm also relocating from Essex. I hope to make lots of new friends amongst you here in Cornwall.

I will be delivering training and also continuing to raise awareness about aphasia and the opportunities Access to Life provides.

I need to find out as much as I can about aphasia as it is new to me.



Hopefully though, my current 'newness' will help me when we train other people who know little or nothing about aphasia.

Let's get message across between us!

Hello!

I've now been working with the Access to Life project since 2007.

I provide administrative support to the Access to Life Project and team.

I'm often the person you may talk to when phoning the office, helping with queries both for people with aphasia and their families.

I'm looking forward to working with our new team Bridie, Joy and Liz. Having enjoyed the challenges of the last few years I'm looking forward to the next exciting phase of the Access to Life project!



The newsletter is now an inhouse project for us, please be patient while I get to grips with the software!

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